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| **Orientation Week**  |
| **Date/ Day** | **8-9am** | **9-10am** | **10-11am** | **11-12 pm** | **12-1pm** | **1-2pm** | **2-3pm** | **3-4pm** |
| **12.08.19****Mon.** | Medical ProfessionDoctor’s role in Society- I FC-1.1Dr. Asha GandhiMO: Dr. Amit Kumar Saxena | Medical ProfessionStudent expectationsfrom the society, institution,teachers,peers, colleaguesand patientsFC-1.3Dr. Amit SaxenaMO: Dr. B.Karunanand | Address by the Head of institutionDr.S.C.SharmaMO: Dr. Amit Saxena | AnatomyAcademic ambience, Library visits and facility orientationFC-1.5Dr.Shavi GargMO: Dr. Amit Saxena  | Lunch | Introduction AyurvedaFC-1.10Dr. Swapnil AutiMO: Dr. Amit Saxena | Importance of herbal medicineFC-1.10Dr. Vidhyavati V HiremathMO: Dr. Amit Saxena |
| **13.08.19****Tue.** | Overview of the MBBS programCurriculumFC-1.7Dr. PrachiMO : Dr. Pankaj Abrol | Overview of Phase I- CurriculumFC-1.7Dr. PrachiMO : Dr Pankaj Abrol.  | Career pathways & personal growthFC-1.6Dr. Nimarpreet KaurMO : Dr. Pankaj Abrol | Understanding their role of Indian Medical GraduateFC-1.2Dr. PrachiMO : Dr. Pankaj Abrol | BiochemistryAcademic ambienceFacility visits – library, hostels , sports ground, common roomsFC-1.5 Dr. S.K. BansalMO : Dr. Pankaj Abrol l | Lunch | Homeopathy as an alternative medicineFC-1.10Dr. R. GirdharMO : Dr. Pankaj Abrol | Homeopathy as an alternative medicineFC-1.10Dr. SurjeetRanaMO : Dr. Pankaj Abrol |
| **Date/ Day** | **8-9am** | **9-10am** | **10-11am** | **11-12 pm** | **12-1pm** | **1-2pm** | **2-3pm** | **3-4pm** |
| **14.08.19****Wed** | History of medicine FC-1.10 Dr. B.S DeswalMO: Dr. Pankaj Abrol | Skill requirements and certificationsDr. S.K. Bansal MO: Dr.Pankaj Abrol | OrientationPhysiologyDr. RituMO: Dr. Dr.Pankaj Abrol  | PhysiologyAcademic ambienceHospital visitFC-1.5 Dr. VijayMO: Dr. Dr.Pankaj Abrol | Lunch | Time managementFC-4.9Dr. Abhishek KapoorMO: Dr. Dr.Pankaj Abrol | Stress ManagementFC-4.7 Dr. Abhishek KapoorMO: Dr.Pankaj Abrol |
| **16.08.19****Fri** | Health care SystemFC-3.3Dr. B.S DeswalMO: Dr. Neeraj Sharma | Health care SystemFC-3.3Dr. B.S DeswalMO: Dr. Neeraj Sharma | Batch A: CHC Farukhnagar:Dr. ShaliniBatch B: PHC Gahriharsru:Dr. Ved PalBatch C: Sub Center Chandu Dr. Shubham SharmaFC- 3.1-3.6MO: Dr. Neeraj Sharma | Concept of biosafety andBiowaste managementFC-2.4 -2.7Dr.Preeti AggarwalMO: Dr. Neeraj Sharma | Lunch | LangaugeSelf-introduction followed by proficiency testFC- 5.3Dr. Sarju DeviMs Arvinder KaurMO: Dr. Neeraj Sharma |
| **17.08.19****Sat.** | ECIntroduction and student’s interest in extracurricular activitiesDr. Amit SaxenaMO: Dr. Prachi | ExaminationsUniversity rules regarding examinations and attendanceFC-1.4Dr. Vijay RoyMO: Dr. Jyothi | Roles and responsibilities of doctorsFC-1.1Dr. Jyoti AroraMO: Dr. Prachi | PD: Ethics in clinical practices: Doctor patient relationship- Patients Autonomy,ConfidentialityFC-4.2Dr. P N AggarwalDr. JyothI | Lunch | LangaugeIntroduction to English as a Second Language Activity - difference between English and Hindi and their characteristicsFC-5.1Dr. Sarju DeviMO: Dr. Jyothi |
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| **Date/ Day** | **8-9am** | **9-1pm** |  | **11am-1pm** | **1pm-2pm** | **2pm-4pm** |
| **19.08.19****Mon** | ECDebate: Peer PressureDr. PriyankiMO : Dr. Jyoti Arora | Parents teachers meetingMO : Dr. B.Karunanand/Dr.DPS Sudan |  | Parents teachers meetingMO : Dr. NEERAJ sHARMA |

**Next three weeks of foundation course**

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| **Date / Day** | **8-9am** | **9-10am** | **10am - 1pm** | **1-2pm** | **2-3pm** | **3-4pm** |
| **20.08.19****Sat** | EC DebateTopic: Art and music as a stress busterDr. Shavi GargMO : Dr. Prachi | SMOrientation to NRSC: National Reference Simulation Center(Batch A –Rollno. 1-50)Faculty, Deptt of AnatomyMO : Dr. Prachi | SMSimulation Lab - Hand washing (FC-2.5)Batch A,B,C (50 students in each batch)Deptt of AnatomyMO : Dr. PrachiDr.Shalini Upadyadya & team (Hand washing) Department of Microbiology | Lunch | Computer skillIntroduction to computer, applications, characteristics and limitationsFC-5.4Coordinator: Dr. ShilpiMO : Dr. Prachi  |
| **21..08.19****WED** | SportsBasket ballDr. KirandeepMO: Dr. Pawan Tiwari | SMOrientation to NRSC: National Reference Simulation Center(Batch B –Rollno. 51-100)Faculty, Deptt of PhysiologyMO: Dr Pawan Tiwari | SMSimulation Lab - Introduction to trauma careBatch A,B,C (50 students in each batch)Deptt of PhysiologyMO:Dr. Pawan Tiwari | Lunch | ComputerArchitectureCoordinator: Dr. VijayMO: Dr. Pawan Tiwari |
| **22.08.19****Thurs** | Nukaad NatakTopic: RaggingDr. Prachi ArunMO: Dr. DPS Sudan | SMOrientation to NRSC: National Reference Simulation Center(Batch C –Rollno. 101-150)Faculty, Deptt of BiochemistryFC-2.1MO: Dr DPS Sudan | SM Simulation Lab - Basic Life SupportFC-2.1Batch A,B,C (50 students in each batch)Deptt of BiochemistryMO: Dr. DPS Sudan | Lunch | Local languagePeer group interactionFC-5.2Deptt of AnatomyMO: Dr. DPS Sudan  |
| **Date / Day** | **8-9am** | **9am-10am** | **10am-12pm** | **12pm-1pm** | **1-2pm** | **2pm – 4pm** |
| **23.08.19****Fri** | SportsBasket ballDr. ShilpiMO: Dr.Pawan Tiwari  | PD :National Health policyFC-3.1Dr. Bhupinder KaurMO: Dr Pawan Tiwari | Batch B: CHC Farukhnagar: Dr. Ved PalBatch C: PHC Gahriharsru: Dr. Shubham SharmaBatch A: SubCenterChanduDr. PriyankaFC- 3.1-3.6MO: Dr Pawan Tiwari | PD: Ethical dilemmas facing medical studentsFC-4.6Dr. S.K.BansalMO: Dr Pawan Tiwari  | Lunch | LangaugeReading and speaking skill followed by activityFC-5.1- 5.3Dr. Sarju Devi/ Ms. Anita BhatiMO: Dr Pawan Tiwari |
| **Date / Day** | **8-9am** | **9am-11am** | **11am-1pm** | **1-2pm** | **2pm – 4pm** |
| **24.08.19****Sat** | SportsVolley BallDr. S. K. BansalDr. Jyothi | i PD: Introduction and concepts of professionalism and ethicsFC-4.1Dr. S.K. BansalMO: Dr. Jyothi | PD: Ethics and law applies to medical practice and researchFC-4.1 – 4.2Dr.Yathi Raj SingiDr. Jyothi  | Lunch | Situational role Play: Group ActivityFC-5.1- 5.3Ms. Arvinder Kaur Pabla/ Dr. Sarju DeviDr. Jyothi |
| **26.08.19****Mon.** | EC : DebateTopic: Modern teaching methodologyDr. VijayMO :Dr.DPS Sudan | SM:Learning pedagogy, Learning strategiesFC-4.13Dr. Arpita SuriDr. DPS Sudan  | PD: Principles of Medical ethicsFC-4.1Dr. Amit SaxenaDr DPS Sudan | Lunch | AssessmentOn spot feedbackDr. Sarju DeviDr. DPS Sudan | AssessmentOn spot feedbackMs AmitaBhatiDr. DPS Sudan |
| **Date / Day** | **8-9am** | **9am-11am** | **11am-1pm** | **1-2pm** | **2pm – 4pm** |
| **27.08.19****Tues** | SportsLawn TennisDr. PriyankiMO: Dr. D.Chattopadhya | SM: Use of online resourcesFC-5.5Dr. DeeptiMO: Dr. D.Chattopadhya | PD: Ethics in clinical practices: Doctor patient relationship- Truth telling / disclosure of bad news/ terminal illness FC-4.3Dr. Nidhi AnandMO: Dr. D.Chattopadhya | Lunch | CompMicrosoft office wordCoordinatorDr. JayeetaMO: Dr..D.Chattopadhya |
| **28.08.19****Mon** | EC:Nukaad NatakReservation in collegesDr. ShilpiMO: Dr. Prachi | SM: Peer assisted learningFC-5.2Dr. JayeetaMO: Dr. Prachi | PD: Ethics in clinical practices: Doctor patient relationship: Informed consent and patient rightsFC-4.1Dr. R K P SinghMO: Dr. Prachi | Lunch | Local languagePeer group interactionFC-5.2Deptt of PhysiologyMO: Dr. Prachi |
| **29.08.19****Tue** | SportsBadmintonDr. JayeetaMO: Dr. : Dr. D.Chattopadhya | Batch C: CHC Farukhnagar: Dr. Shubham Sharma Batch A: PHC Gahriharsru: Dr. PriyankaBatch B: SubCenterChandu : Dr. Ved PalFC-3.1 -3.6MO: :Dr. D.Chattopadhya | The principles of family practiceFC 1.9Dr.Bhupinder KaurMO: Dr. D.Chattopadhya  | Lunch | Narrative: Story telling skills. Keys words to provide on the spotMs. Arvinder Kaur Pabla/Ms. AmitaBhatiMO: Dr. D.Chattopadhya |
| **30.08.19****Fri** | SportsBasketballDr. PriyankiMO : Dr. Neeraj Sharma | SM: Assessment driven LearningFC-4.14Dr. PrachiMO: Dr. . Neeraj Sharma  | PD:Role of yoga and meditation in personal health FC-4.8 Dr.RituMO: Dr. Neeraj Sharma | Lunch | Reading and writing skills followed by activity comprehensionMs. Amita Bhati/ Dr. Sarju DeviMO:Dr.Neeraj Sharma |
| **Date / Day** | **8-9am** | **9am-11am** | **11am-1pm** | **1-2pm** | **2pm – 3pm** | **3pm-4pm** |
| **31.08.19****Thur** | ECSkitTopic: Effect of nuclear families on new generationDr. RituMO : Amit Saxena | SM :Documentation and the medical recordFC-2.9Dr. Birender SindhuMO : P.N.Agarwal | PDUnderstanding collaborative learningFC 2.2Dr. Dr.TalukdarMO : Dr.Pawan Tiwari | Lunch | Condensation precise writing/ note making/ note taking practice sessionDr Sarju Devi/ Ms. AmitaBhatiMO : D. Chattopadhya |
| **02.09.19****Fri** | SportsDr. FootballDr. Arpita SuriMO :Dr.S.K.Bansal  | SM: Group learning FC-4.12Dr. JayeetaMO Dr. .S.K.Bansal | PD: Consequences of unethical and unprofessional behaviorFC-4.1Dr. VijayMO : Dr. .S.K.Bansal | Lunch | Software and operating systemsCoordinator: Dr. SusmitaMO Dr.S.K.Bansal |
| **03.09.19****Sat** | EC: DebateTopic: Idiot syndromeDr. JayeetaMO : Dr. Jyoti Arora | SM: Communication Skill: Understanding patient’s perspective – Physical/Emotional/Social - Pts perspectiveFC-5.1Dr. Abhishek KapoorMO : Dr. Jyoti Arora | PD: Professional misconduct FC-4.1 – 4.2Dr.Yathi Raj SingiMO : Dr. . Jyoti Arora  | Lunch | ComputerNetwork and internetCoordinator: Dr. RituMO : Dr.. . Jyoti Arora |
| **04.09.19****Wed** | SportsLawn TennisDr. ShaviMO : Dr. S.K.Bansal | SM: Building a Doctor patient relationship: Body Language, Introduction.FC-5.1Dr. P.N. AgarwalMO : Dr. S.K.Bansal | PD: Team work ethics FC-4.4Dr. KirandeepMO: Dr. S.K.Bansal | Lunch | Local languagePeer group interaction FC-5.2Deptt of BiochemistryMO : Dr. S.K.Bansal |
| **Date / Day** | **8-9am** | **9am-10am** | **10am-12pm** | **12pm-01pm** | **1-2pm** | **2pm-4pm** |
| **05.09.19****Thurs.** | SportsVolley BallDr. PrachiMO: Dr. B.Karunanand | Universal Health Programme FC-3.2Dr. V.K. SinghalMO: Dr. B.Karunanand | Urban health training center, Basai (Dr. Ved Pal)Rural health training center, Kaliawas (Dr. Shubham) Anganwadi, Kaliawas (Dr. Priyanka)FC-3.1 -3.6MO: Dr. B.Karunanand | SM: Communication Skill : beside and community:  Dr. DebasishMO: Dr. B.Karunanand | Lunch | Vocabulary buildingWord games and Note making/ Note taking followed by Practice sessionMs Amita BhatiDr. Sarju DeviMO: Dr. B.Karunanand |
| **06.09.19****Fri** | ECTalent HuntDr. NimarpreetMO :Dr.Amit Saxena | Universal PrecautionsFC-2.3Dr. Mukesh SharmaMO :Dr Amit Saxena | Understanding the Role of Physician at Various levels of Health care deliveryFC-1.8Dr. Bhupinder KaurMO :Dr. Amit Saxena | Universal precautionsFC-2.3Dr. Mukesh SharmaMO :Dr. Amit Saxena | Needle stick/ sharps injury and Post exposure prophylaxisFC-2.6Dr. DebasishMO :Dr. Neeraj Sharma | Lunch | LanguageListening and Speaking Skills followed by activityFC-5.3Ms. Arvinder Kaur Pabla / Ms AmitaBhatiMO :Dr. Neeraj Sharma |
| **07.09.19****Sat** | SportsCricketDr. Amit SaxenaMO: Dr. S. K. Bansal | White Coat Ceremony(PD) | White Coat Ceremony(PD) | Lunch | SM: Group dynamics FC-4.12Dr. ShilpiMO: Dr. Prachi |
| **09.09.19****Mon.** | SportsLawn TennisDr. SushmitaMO : Dr. Jyoti Arora | SM:First AidFC2.2 Dr. TalukdarMO : Dr. Jyoti Arora | PDFC 4.5.1Dr. T.D.DograMO : Dr. Jyoti Arora | PD:FC 4.5.2Dr. T.D.DograMO : Dr. Jyoti Arora | Lunch | ComputerMicrosoft office excelDr. JayeetaMO : Dr. Jyothi |
| **Date / Day** | **8-9am** | **9am-10am** | **10am-12pm** | **12pm-01pm** | **1-2pm** | **2pm-4pm** |
| **10.09.19****Tues** | SportsBadmintonDr. ShilpiMO : Dr. DPS Sudan | PD: Value of integrity honesty and respect during interaction with peers, seniors and faculty other health care workersDr. Shavi FC-4.10 MO : Dr. S.K.Bansal | PDFC 4.5.3FC 4.5.4Dr. T.D.DograMO : Dr. S.K.Bansal | PD:FC 4.5.5FC 4.5.6Dr. T.D.DograMO : Dr.S.K.Bansal | Lunch | ComputerMicrosoft PublisherDr. ShaviGargMO : Dr. Pankaj Abrol |
| **11.09.19****Wed** | SportsBasketballDr. SushmitaMO : Dr. S.K.Bansal | PD :FC 4.5.7Dr. Vijay, Dr. Jayeeta, Dr, SushmitaMO : Dr. Jyoti Arora/Dr.Prachi | PD:FC 4.5.8Dr. T.D.DograMO : Dr. S.K.Bansal | Lunch | SM:Peer assisted learningFC 5.2Dr.Jayeeta MO:Dr.Prachi |