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| **Orientation Week** | | | | | | | | | |
| **Date/ Day** | **8-9am** | **9-10am** | **10-11am** | **11-12 pm** | | **12-1pm** | **1-2pm** | **2-3pm** | **3-4pm** |
| **12.08.19**  **Mon.** | Medical Profession  Doctor’s role in Society- I  FC-1.1  Dr. Asha Gandhi  MO: Dr. Amit Kumar Saxena | Medical Profession  Student expectations  from the society, institution,  teachers,  peers, colleagues  and patients  FC-1.3  Dr. Amit Saxena  MO: Dr. B.Karunanand | Address by the Head of institution  Dr.S.C.Sharma  MO: Dr. Amit Saxena | | | Anatomy  Academic ambience, Library visits  and facility orientation  FC-1.5  Dr.Shavi Garg  MO: Dr. Amit Saxena | Lunch | Introduction Ayurveda  FC-1.10  Dr. Swapnil Auti  MO: Dr. Amit Saxena | Importance of herbal medicine  FC-1.10  Dr. Vidhyavati V Hiremath  MO: Dr. Amit Saxena |
| **13.08.19**  **Tue.** | Overview of the MBBS program  Curriculum  FC-1.7  Dr. Prachi  MO : Dr. Pankaj Abrol | Overview of Phase I- Curriculum  FC-1.7  Dr. Prachi  MO : Dr Pankaj Abrol. | Career pathways & personal growth  FC-1.6  Dr. Nimarpreet Kaur  MO : Dr. Pankaj Abrol | | Understanding their role of Indian Medical Graduate  FC-1.2  Dr. Prachi  MO : Dr. Pankaj Abrol | Biochemistry  Academic ambience  Facility visits – library, hostels , sports ground, common rooms  FC-1.5  Dr. S.K. Bansal  MO : Dr. Pankaj Abrol l | Lunch | Homeopathy as an alternative medicine  FC-1.10  Dr. R. Girdhar  MO : Dr. Pankaj Abrol | Homeopathy as an alternative medicine  FC-1.10  Dr. SurjeetRana  MO : Dr. Pankaj Abrol |
| **Date/ Day** | **8-9am** | **9-10am** | **10-11am** | | **11-12 pm** | **12-1pm** | **1-2pm** | **2-3pm** | **3-4pm** |
| **14.08.19**  **Wed** | History of medicine  FC-1.10  Dr. B.S Deswal  MO: Dr. Pankaj Abrol | | Skill requirements and certifications  Dr. S.K. Bansal  MO: Dr.Pankaj Abrol | | Orientation  Physiology  Dr. Ritu  MO: Dr. Dr.Pankaj Abrol | Physiology  Academic ambience  Hospital visit  FC-1.5  Dr. Vijay  MO: Dr. Dr.Pankaj Abrol | Lunch | Time management  FC-4.9  Dr. Abhishek Kapoor  MO: Dr. Dr.Pankaj Abrol | Stress Management  FC-4.7  Dr. Abhishek Kapoor  MO: Dr.Pankaj Abrol |
| **16.08.19**  **Fri** | Health care System  FC-3.3  Dr. B.S Deswal  MO: Dr. Neeraj Sharma | Health care System  FC-3.3  Dr. B.S Deswal  MO: Dr. Neeraj Sharma | Batch A: CHC Farukhnagar:  Dr. Shalini  Batch B: PHC Gahriharsru:  Dr. Ved Pal  Batch C: Sub Center Chandu Dr. Shubham Sharma  FC- 3.1-3.6  MO: Dr. Neeraj Sharma | | | Concept of biosafety and  Biowaste management  FC-2.4 -2.7  Dr.Preeti Aggarwal  MO: Dr. Neeraj Sharma | Lunch | Langauge  Self-introduction followed by proficiency test  FC- 5.3  Dr. Sarju Devi  Ms Arvinder Kaur  MO: Dr. Neeraj Sharma | |
| **17.08.19**  **Sat.** | EC  Introduction and student’s interest in extracurricular activities  Dr. Amit Saxena  MO: Dr. Prachi | Examinations  University rules regarding examinations and attendance  FC-1.4  Dr. Vijay Roy  MO: Dr. Jyothi | Roles and responsibilities of doctors  FC-1.1  Dr. Jyoti Arora  MO: Dr. Prachi | | PD: Ethics in clinical practices: Doctor patient relationship- Patients Autonomy,  Confidentiality  FC-4.2  Dr. P N Aggarwal  Dr. JyothI | | Lunch | Langauge  Introduction to English as a Second Language  Activity - difference between English and Hindi and their characteristics  FC-5.1  Dr. Sarju Devi  MO: Dr. Jyothi | |
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| **Date/ Day** | **8-9am** | **9-1pm** |  | | **11am-1pm** | | **1pm-2pm** | **2pm-4pm** | |
| **19.08.19**  **Mon** | EC  Debate: Peer Pressure  Dr. Priyanki  MO : Dr. Jyoti Arora | Parents teachers meeting  MO : Dr. B.Karunanand/Dr.DPS Sudan | | | | |  | Parents teachers meeting  MO : Dr. NEERAJ sHARMA | |

**Next three weeks of foundation course**

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| **Date / Day** | **8-9am** | **9-10am** | | | **10am - 1pm** | | | | | **1-2pm** | **2-3pm** | **3-4pm** | |
| **20.08.19**  **Sat** | EC  Debate  Topic: Art and music as a stress buster  Dr. Shavi Garg  MO : Dr. Prachi | SM  Orientation to NRSC: National Reference Simulation Center  (Batch A –Rollno. 1-50)  Faculty, Deptt of Anatomy  MO : Dr. Prachi | | | SM  Simulation Lab - Hand washing (FC-2.5)  Batch A,B,C (50 students in each batch)  Deptt of Anatomy  MO : Dr. Prachi  Dr.Shalini Upadyadya & team (Hand washing) Department of Microbiology | | | | | Lunch | Computer skill  Introduction to computer, applications,  characteristics and limitations  FC-5.4  Coordinator: Dr. Shilpi  MO : Dr. Prachi | | |
| **21..08.19**  **WED** | Sports  Basket ball  Dr. Kirandeep  MO: Dr. Pawan Tiwari | SM  Orientation to NRSC: National Reference Simulation Center  (Batch B –Rollno. 51-100)  Faculty, Deptt of Physiology  MO: Dr Pawan Tiwari | | | SM  Simulation Lab - Introduction to trauma care  Batch A,B,C (50 students in each batch)  Deptt of Physiology  MO:Dr. Pawan Tiwari | | | | | Lunch | Computer  Architecture  Coordinator: Dr. Vijay  MO: Dr. Pawan Tiwari | | |
| **22.08.19**  **Thurs** | Nukaad Natak  Topic: Ragging  Dr. Prachi Arun  MO: Dr. DPS Sudan | SM  Orientation to NRSC: National Reference Simulation Center  (Batch C –Rollno. 101-150)  Faculty, Deptt of Biochemistry  FC-2.1  MO: Dr DPS Sudan | | | SM  Simulation Lab - Basic Life Support  FC-2.1  Batch A,B,C (50 students in each batch)  Deptt of Biochemistry  MO: Dr. DPS Sudan | | | | | Lunch | Local language  Peer group interaction  FC-5.2  Deptt of Anatomy  MO: Dr. DPS Sudan | | |
| **Date / Day** | **8-9am** | **9am-10am** | | | **10am-12pm** | | | | **12pm-1pm** | **1-2pm** | **2pm – 4pm** | | |
| **23.08.19**  **Fri** | Sports  Basket ball  Dr. Shilpi  MO: Dr.Pawan Tiwari | PD :National Health policy  FC-3.1  Dr. Bhupinder Kaur  MO: Dr Pawan Tiwari | | | Batch B: CHC Farukhnagar: Dr. Ved Pal  Batch C: PHC Gahriharsru: Dr. Shubham Sharma  Batch A: SubCenterChandu  Dr. Priyanka  FC- 3.1-3.6  MO: Dr Pawan Tiwari | | | | PD: Ethical dilemmas facing medical students  FC-4.6  Dr. S.K.Bansal  MO: Dr Pawan Tiwari | Lunch | Langauge  Reading and speaking skill followed by activity  FC-5.1- 5.3  Dr. Sarju Devi/ Ms. Anita Bhati  MO: Dr Pawan Tiwari | | |
| **Date / Day** | **8-9am** | **9am-11am** | | | | | | **11am-1pm** | | **1-2pm** | **2pm – 4pm** | | |
| **24.08.19**  **Sat** | Sports  Volley Ball  Dr. S. K. Bansal  Dr. Jyothi | i PD: Introduction and concepts of professionalism and ethics  FC-4.1  Dr. S.K. Bansal  MO: Dr. Jyothi | | | | | | PD: Ethics and law applies to medical practice and research  FC-4.1 – 4.2  Dr.Yathi Raj Singi  Dr. Jyothi | | Lunch | Situational role Play: Group Activity  FC-5.1- 5.3  Ms. Arvinder Kaur Pabla/ Dr. Sarju Devi  Dr. Jyothi | | |
| **26.08.19**  **Mon.** | EC : Debate  Topic: Modern teaching methodology  Dr. Vijay  MO :Dr.DPS Sudan | SM:  Learning pedagogy, Learning strategies  FC-4.13  Dr. Arpita Suri  Dr. DPS Sudan | | | | | | PD: Principles of Medical ethics  FC-4.1  Dr. Amit Saxena  Dr DPS Sudan | | Lunch | Assessment  On spot feedback  Dr. Sarju Devi  Dr. DPS Sudan | Assessment  On spot feedback  Ms AmitaBhati  Dr. DPS Sudan | |
| **Date / Day** | **8-9am** | **9am-11am** | | | | | | **11am-1pm** | | **1-2pm** | **2pm – 4pm** | | |
| **27.08.19**  **Tues** | Sports  Lawn Tennis  Dr. Priyanki  MO: Dr. D.Chattopadhya | SM: Use of online resources  FC-5.5  Dr. Deepti  MO: Dr. D.Chattopadhya | | | | | | PD: Ethics in clinical practices: Doctor patient relationship- Truth telling / disclosure of bad news/ terminal illness FC-4.3  Dr. Nidhi Anand  MO: Dr. D.Chattopadhya | | Lunch | Comp  Microsoft office word  Coordinator  Dr. Jayeeta  MO: Dr..D.Chattopadhya | | |
| **28.08.19**  **Mon** | EC:  Nukaad Natak  Reservation in colleges  Dr. Shilpi  MO: Dr. Prachi | SM: Peer assisted learning  FC-5.2  Dr. Jayeeta  MO: Dr. Prachi | | | | | | PD: Ethics in clinical practices: Doctor patient relationship: Informed consent and patient rights  FC-4.1  Dr. R K P Singh  MO: Dr. Prachi | | Lunch | Local language  Peer group interaction  FC-5.2  Deptt of Physiology  MO: Dr. Prachi | | |
| **29.08.19**  **Tue** | Sports  Badminton  Dr. Jayeeta  MO: Dr. : Dr. D.Chattopadhya | Batch C: CHC Farukhnagar:  Dr. Shubham Sharma  Batch A: PHC Gahriharsru:  Dr. Priyanka  Batch B: SubCenterChandu :  Dr. Ved Pal  FC-3.1 -3.6  MO: :Dr. D.Chattopadhya | | | | | | The principles of family practice  FC 1.9  Dr.Bhupinder Kaur  MO: Dr. D.Chattopadhya | | Lunch | Narrative: Story telling skills. Keys words to provide on the spot  Ms. Arvinder Kaur Pabla/Ms. AmitaBhati  MO: Dr. D.Chattopadhya | | |
| **30.08.19**  **Fri** | Sports  Basketball  Dr. Priyanki  MO : Dr. Neeraj Sharma | SM: Assessment driven Learning  FC-4.14  Dr. Prachi  MO: Dr. . Neeraj Sharma | | | | | | PD:  Role of yoga and meditation in personal health FC-4.8  Dr.Ritu  MO: Dr. Neeraj Sharma | | Lunch | Reading and writing skills followed by activity comprehension  Ms. Amita Bhati/ Dr. Sarju Devi  MO:Dr.Neeraj Sharma | | |
| **Date / Day** | **8-9am** | **9am-11am** | | | | | **11am-1pm** | | | **1-2pm** | **2pm – 3pm** | | **3pm-4pm** |
| **31.08.19**  **Thur** | EC  Skit  Topic: Effect of nuclear families on new generation  Dr. Ritu  MO : Amit Saxena | SM :Documentation and the medical record  FC-2.9  Dr. Birender Sindhu  MO : P.N.Agarwal | | | | | PD  Understanding collaborative learning  FC 2.2  Dr. Dr.Talukdar  MO : Dr.Pawan Tiwari | | | Lunch | Condensation  precise writing/ note making/  note taking practice session  Dr Sarju Devi/ Ms. AmitaBhati  MO : D. Chattopadhya | | |
| **02.09.19**  **Fri** | Sports  Dr. Football  Dr. Arpita Suri  MO :Dr.S.K.Bansal | SM: Group learning  FC-4.12  Dr. Jayeeta  MO Dr. .S.K.Bansal | | | | | PD: Consequences of unethical and unprofessional behavior  FC-4.1  Dr. Vijay  MO : Dr. .S.K.Bansal | | | Lunch | Software and operating systems  Coordinator: Dr. Susmita  MO Dr.S.K.Bansal | | |
| **03.09.19**  **Sat** | EC: Debate  Topic: Idiot syndrome  Dr. Jayeeta  MO : Dr. Jyoti Arora | SM: Communication Skill: Understanding patient’s perspective – Physical/Emotional/Social  - Pts perspective  FC-5.1  Dr. Abhishek Kapoor  MO : Dr. Jyoti Arora | | | | | PD: Professional misconduct  FC-4.1 – 4.2  Dr.Yathi Raj Singi  MO : Dr. . Jyoti Arora | | | Lunch | Computer  Network and internet  Coordinator: Dr. Ritu  MO : Dr.. . Jyoti Arora | | |
| **04.09.19**  **Wed** | Sports  Lawn Tennis  Dr. Shavi  MO : Dr. S.K.Bansal | SM: Building a Doctor patient relationship: Body Language, Introduction.  FC-5.1  Dr. P.N. Agarwal  MO : Dr. S.K.Bansal | | | | | PD: Team work ethics  FC-4.4  Dr. Kirandeep  MO: Dr. S.K.Bansal | | | Lunch | Local language  Peer group interaction  FC-5.2  Deptt of Biochemistry  MO : Dr. S.K.Bansal | | |
| **Date / Day** | **8-9am** | **9am-10am** | | **10am-12pm** | | | | | **12pm-01pm** | **1-2pm** | **2pm-4pm** | | |
| **05.09.19**  **Thurs.** | Sports  Volley Ball  Dr. Prachi  MO: Dr. B.Karunanand | Universal Health Programme  FC-3.2  Dr. V.K. Singhal  MO: Dr. B.Karunanand | | Urban health training center, Basai (Dr. Ved Pal)  Rural health training center, Kaliawas (Dr. Shubham) Anganwadi, Kaliawas  (Dr. Priyanka)  FC-3.1 -3.6  MO: Dr. B.Karunanand | | | | | SM: Communication Skill : beside and community:  Dr. Debasish  MO: Dr. B.Karunanand | Lunch | Vocabulary building  Word games and Note making/ Note taking followed by Practice session  Ms Amita Bhati  Dr. Sarju Devi  MO: Dr. B.Karunanand | | |
| **06.09.19**  **Fri** | EC  Talent Hunt  Dr. Nimarpreet  MO :Dr.Amit Saxena | Universal Precautions  FC-2.3  Dr. Mukesh Sharma  MO :Dr Amit Saxena | Understanding the Role of Physician at Various levels of Health care delivery  FC-1.8  Dr. Bhupinder Kaur  MO :Dr. Amit Saxena | | | Universal precautions  FC-2.3  Dr. Mukesh Sharma  MO :Dr. Amit Saxena | | | Needle stick/ sharps injury and Post exposure prophylaxis  FC-2.6  Dr. Debasish  MO :Dr. Neeraj Sharma | Lunch | Language  Listening and Speaking Skills followed by activity  FC-5.3  Ms. Arvinder Kaur Pabla /  Ms AmitaBhati  MO :Dr. Neeraj Sharma | | |
| **07.09.19**  **Sat** | Sports  Cricket  Dr. Amit Saxena  MO: Dr. S. K. Bansal | White Coat Ceremony(PD) | | | | White Coat Ceremony(PD) | | | | Lunch | SM: Group dynamics  FC-4.12  Dr. Shilpi  MO: Dr. Prachi | | |
| **09.09.19**  **Mon.** | Sports  Lawn Tennis  Dr. Sushmita  MO : Dr. Jyoti Arora | SM:First Aid  FC2.2  Dr. Talukdar  MO : Dr. Jyoti Arora | | | | PD  FC 4.5.1  Dr. T.D.Dogra  MO : Dr. Jyoti Arora | | | PD:  FC 4.5.2  Dr. T.D.Dogra  MO : Dr. Jyoti Arora | Lunch | Computer  Microsoft office excel  Dr. Jayeeta  MO : Dr. Jyothi | | |
| **Date / Day** | **8-9am** | **9am-10am** | | | | **10am-12pm** | | | **12pm-01pm** | **1-2pm** | **2pm-4pm** | | |
| **10.09.19**  **Tues** | Sports  Badminton  Dr. Shilpi  MO : Dr. DPS Sudan | PD: Value of integrity honesty and respect during interaction with peers, seniors and faculty other health care workers  Dr. Shavi FC-4.10  MO : Dr. S.K.Bansal | | | | PD  FC 4.5.3  FC 4.5.4  Dr. T.D.Dogra  MO : Dr. S.K.Bansal | | | PD:  FC 4.5.5  FC 4.5.6  Dr. T.D.Dogra  MO : Dr.S.K.Bansal | Lunch | Computer  Microsoft Publisher  Dr. ShaviGarg  MO : Dr. Pankaj Abrol | | |
| **11.09.19**  **Wed** | Sports  Basketball  Dr. Sushmita  MO : Dr. S.K.Bansal | PD :  FC 4.5.7  Dr. Vijay, Dr. Jayeeta, Dr, Sushmita  MO : Dr. Jyoti Arora/Dr.Prachi | | | | PD:  FC 4.5.8  Dr. T.D.Dogra  MO : Dr. S.K.Bansal | | | | Lunch | SM:Peer assisted learning  FC 5.2  Dr.Jayeeta  MO:Dr.Prachi | | |